



# Sir Ellis Kadoorie Secondary School (West Kowloon)

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## Episodes

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### Learning Celebrations cum PTA Fun Day

This year our students' academic, cultural and extra-curricular accomplishments were celebrated in a joint event with the Parents-Teachers' Association hosting a Fun Day on the 27<sup>th</sup> of February 2009.

The morning session took place in our school playground with parents, students, teachers and guests including our Guest of Honour, Mr. Mohammad Swalikh, Senior Inspector of Police, Hong Kong Police Force who were all treated to a variety of programmes put on by our students.

The ceremony began with the Flag Raising Ceremony and the playing of the national anthem. Our Principal, Mr Fung, gave a welcoming speech and introduced the Guest of Honour. Mr Mohammad was the reviewing officer for the Passing Out Parade of the Hong Kong Air Cadet Corps 601 Squadron. Mr Mohammad then addressed the audience and gave a touching and inspirational speech, which described his path to success from his days as a Sir Ellis Kadoorie student.

The next event of the morning was the Prize Giving Ceremony where proud parents of students who attained excellent results in the half-yearly examination were on hand to receive certificates of appreciation and pose for pictures together with their children. This was followed by student performances. First up was a lively dance routine, which was performed by the Hip Hop Dance team and followed by the Chinese Dance team, which performed a traditional Chinese dance resplendent in their beautiful flowing outfits. Our singing sensation, Raymarc, gave another of his dazzling vocal displays by singing a French song called "La neige au Sahara". Then the Modern Dance team came out to perform a dance from "Love Story" which won them acclaim in the Hong Kong Schools Dance Festival.

Things got even more exciting after the PTA members started setting up for the Fun Day and they prepared a wide variety of challenging yet entertaining games for the students to enjoy. The efforts of the PTA in planning and executing the games were appreciated by all the students and this was evident by their eager participation in all the games. Refreshments were served in the Activity Room with a lavish array of mouth-watering dishes catering to all tastes.

In the afternoon, a whole host of educational and enjoyable activities and games were prepared for the students to enjoy. There were games to suit everyone's fancy and it was clear to everyone that our students really had a great time visiting each of the stations and collecting stamps to redeem for gifts.

This year's Learning Celebrations cum PTA Fun Day was a massive success and we would like to thank all the participants for their hard work and effort in making it such a joyous occasion. We would also like to specially thank our guest of honour, Mr Mohammad Swalikh, for his time and words of encouragement to the students.

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Our students involved in the fun activities

Passing-out parade of the Air Cadet Corps



Certificate of appreciation to parents



Our Principal with the Guest of Honour, Mr. Mohammad

# Speech by Mr. Swalikh on Learning Celebrations

I would like to take this opportunity to thank the Principal for inviting me as a Guest of Honour for Learning Celebrations Day. This occasion reminds me of my own passing out parade at the Police College almost ten years ago. It was a particularly emotional moment for me as I began to march onto the parade ground. After nine months of intensive physical training and examinations, I was lucky enough to remain in the squad of twenty-three inspectors without being 'kicked out'. To my great surprise, I was even awarded a very prestigious award.

Back in school, I was never a bright student when I was at your age. In fact, I was famous for being naughty in class. Academically, I was weak. As a teenager, I never imagined that one day I would be good enough to study at a university or to become a police officer in the Hong Kong Police Force. The truth is I did not really have a dream of becoming anything. Just like many of you, I came from a poor family and despite tremendous love and care; my parents simply did not have the time and knowledge to guide me through the field of education. I wanted to be a good student but I did not have a dream. And I certainly did not have the courage and discipline. I told myself at the beginning of every school term that I would study hard, but I procrastinated and before I realized it, I was well into Form 3 and could be kicked out from school if I didn't do well enough.

During that point, an incident occurred which changed my life. One day I was punished for my misbehaviour and inside the teacher room, the teacher who punished me was very angry as I did not show any remorse. Suddenly she cried and said to me, "It's so sad to see people like you who have so much talent, but would just waste it." I didn't really understand why she cried but I only knew that my mother never cried when I did not do well in school. From that day onwards, I studied very hard and I managed to get into a college in Malaysia and finished my degree in Australia.

Thinking back, I had a wonderful school life at 'EK' even though I did not score top marks. I had learnt so much about life, and developed great life-long friendship with my fellow students and teachers. I become a sportsman and have represented Hong Kong in many top competitions including the Asian Games, East Asian Games and All China Games.

Growth is a process of experimentation, a series of trials, errors, and occasional victories. The failed experiments in our life are as much a part of the process as the experiments that succeed. **My dear students, never underestimate what you can achieve. Have a dream, and think big. Be courageous, have discipline, and I am sure you will succeed in anything you do in life.**

## 2<sup>nd</sup> & 3<sup>rd</sup> Staff Development Days

The Second Staff Development Day was held on 24<sup>th</sup> March 2009 in the form of an interactive workshop. The day was divided into three parts. In the first part, all staff gathered together to discuss the findings of the stakeholders' surveys. The second part was the highlight of the day. A guest speaker was invited to conduct a workshop entitled "The development of anti-drug culture in school", which focused on the precautionary measures and ways to handle teenage drug abuse problem. The third part addressed policies concerning the new School Development Plan for the coming three years.



A talk presented by Mr. Ip of the Education Bureau

Discussion on School Development Plan



Introduction to different kinds of drugs

Teachers share their ideas

The Third Staff Development Day was held on 1<sup>st</sup> June 2009. The morning session started with a workshop named 'Facing the Challenges in the New Senior Secondary (NSS) Curriculum' given by Mr. Ip Cho Yin, School-based Professional Support Section of Education Bureau. During the three-hour workshop, Mr. Ip shared his experiences of working as a teacher, as a principal and as a staff of the Education Bureau (EDB) with all teachers. For the second part of the day, all staff continued the discussion of the School Development Plan for 2009 – 2012.



# A Day in the Life of a Journalist

On 27th May 2009, Mr. Raymond TAM Chi-yuen, the Under Secretary for Constitutional and Mainland Affairs of HKSAR came to Sir Ellis Kadoorie Secondary School (West Kowloon) for a visit. My classmate Christina and I got to witness this important event first-hand, experiencing how it was like to be a journalist.

First off, Mr. Raymond TAM was greeted by our school's Air Cadet Corps welcoming foot drill at the school's car park entrance, where Mr. Tam and our Principal Mr. Fung exchanged friendly handshakes. After that, the honorable guest was led to the Conference Room to meet some teachers, followed by a visit to our school library, and a lesson observation on how the non-Chinese students (NCS) learn Chinese. Next, our guest of honor had a meeting with some students, and finally another lesson observation of a Hindi lesson.

Our first few notes on the event were jotted down in the school library. Mr. Tam was very concerned about the various types of books being served to meet the needs of the diverse nationalities of our school and was very friendly throughout the whole session.

In the meeting with students, Mr. Tam explained the purpose of his visit was to actively participate in promoting mutual respect and racial harmony, as the Education Bureau was particularly concerned with these issues. He asked us how we thought about living here in Hong Kong, what we thought the government could do better in order to meet the needs of the different ethnicities to create equality in every aspect and how we could still preserve our own culture while living in Hong Kong.

Mr. TAM was pleased to hear about our different stories and even shared his personal experience with us, during which he quoted, "**Life is full of challenges and we will be placed in difficult situations that we may not be able to control, so positive thinking is the key.**" We had a really nice time and a couple of good laughs with Mr. Tam and soon our event was nearing an end.

We are very thankful we were given the opportunity to be part of such an important event. It was so much fun and we would definitely love to do this again! We won't ever forget our first experience of a day in the life of a journalist.



Bartido Ilyn Joy (4C)  
Liu Christina Danielle (4C)



# Hong Kong Green School Award

Do you think our school is an environmentally-friendly one? Do you think we are doing enough to save our earth? Well now you can take heart from the fact that SEKSS (WK) was awarded the status of Hong Kong Green School by the Environmental Campaign Committee, Environmental Protection Department and the Education Bureau.

The Hong Kong Green School Award encourages schools to formulate a school environmental policy and an environmental management plan towards a green school; enhance environmental awareness, develop environmentally-friendly attitudes and promote green practices among school managers, teachers, non-teaching staff, students and their parents.

Our school's Environmental Education Committee headed by Mr. Chan Vai Sam together with Ms. Chan Ying Wah and Mr. Kwan Ming Fu with the support of Student Environmental Ambassadors Mak Mei Yan (2A), Zhu Shubang (2A) and Ng Manuel Frances Yu Man (1D) put in great efforts to achieve this status. This year, we were awarded the Certificate of Merit but thanks to the collective involvement of all the students and staff of our school, we were given the accolade of Hong Kong Green School this year. Let's keep working hard to support the global efforts to improve the environment in which we live.



## Prizes & Awards



Committee /Winner(s)	Event	Award
Environmental Education Committee	7 <sup>th</sup> Environmental Education Campaign	Hong Kong Green School Award
Oriental Dance Team	45 <sup>th</sup> Schools Dance Festival (Oriental dance)	Highly Commended Award (Duet dance – Indian)
		Commended Award (Trio dance – Indian)
		Highly Commended Award (Group dance – Nepalese)
		Highly Commended Award (Group dance – Indian)
		Highly Commended Award (Boys' trio dance)
Modern Dance Team	45 <sup>th</sup> Schools Dance Festival (Jazz dance)	Highly Commended Award (Boys' trio dance)
Modern Dance Team	45 <sup>th</sup> Schools Dance Festival (Modern dance)	Highly Commended Award (Girls' solo dance)
		Commended Award (Remix group dance)
Chan Hin Chung Antony (3D)	61 <sup>st</sup> Hong Kong Schools Music Festival (Trumpet Solo, Senior)	1 <sup>st</sup> place
Chan Yiu Hong Johann (2E)	61 <sup>st</sup> Hong Kong Schools Music Festival (Flute Solo, Senior)	1 <sup>st</sup> runner-up
Cruz Gerald Angelo (1E)	Inter-school Athletics Championships 2008-2009, Boys C Grade Long Jump	2 <sup>nd</sup> runner-up
Fok Brian (2C)	Inter-school Athletics Championships 2008-2009, Boys B Grade Long Jump Boys B Grade 200m	Champion
		Champion
Che Hei (2E)	Inter-school Athletics Championships 2008-2009, Boys C Grade 200m Boys C Grade 400m	Champion
		Champion
Gabriela Angela (4C)	Inter-school Athletics Championships 2008-2009, Girls A Grade High Jump	2 <sup>nd</sup> runner-up
Junior Cricket Team	Junior Cricket (Final), Hong Kong Cricket Association	1 <sup>st</sup> runner-up
Basketball Team (Girls B Grade)	Inter-school Basketball Competition, Hong Kong Schools Sports Federation	3 <sup>rd</sup> runner-up
Athletics Team	Inter-school Athletics Competition, Boys C Grade Long Jump Boys B Grade Long Jump Boys B Grade 200 m Girls A Grade High Jump	2 <sup>nd</sup> runner-up
		Champion
		Champion
		2 <sup>nd</sup> runner-up
Weir Kacy Crystal (3E)	Chinese Wushu Junior Open, Hong Kong Wushu Union	Individual Overall -- 3 <sup>rd</sup> runner-up
		Nanchuan -- Champion
		Fighting-stick -- 1 <sup>st</sup> runner-up



Deputy Secretary of EDB, Dr. Chan Ka Ki presenting the Award



Permanent Secretary of the Environmental Bureau with Mr. Chan Vai Sam and students





# Promotion of Reading Activities



*In today's high tech and digital world where gadget-laden mobile phones, electronic games and a plethora of other devices of great wizardry are the age-old pastime of reading appears to be rather dull and unattractive. After all, how can pages of black and white print compete with the appeal of sophisticated animation and real-life experiences in a digital world?*

The promotion of reading, therefore, would seem to be a Herculean task given the advantageous position of modern day distractions. Nonetheless, the members of the Promotion of Reading Committee endeavoured to promote and nurture a good reading habit amongst students by organizing a variety of reading activities throughout the academic year.

A weekly reading lesson was timetabled for S1-S3 students in which they were given the opportunity to read in silence. Typhoon Club magazines – containing articles about a myriad themes and puzzles – were available for students to read. Feedback has been positive with students enjoying reading about the exploits of Pete Pang and Chilli Chan!

Riding on the success of previous years, the committee organized a readathon from 13 to 19 October 2008. Participation was extremely encouraging with students raising \$5,641.00 for the PTA to buy new library books for the school.



Author's visit – Mr. Lui Yue Chun

Local author, Mr. LUI Yue Chun, visited the school on 23 January 2009 and enthralled students with his animated accounts of learning, reading and life experiences. Mr. Lui's address gave the students a big boost to engage more in reading, which is not only a tool for learning and studying, but also a pleasurable activity.

World Book Day was celebrated on 23 April 2009 with a reading quiz, a display of new library books and a bookmark design competition for which Lee Lai Yee of S4 received a prize. Another highlight was the book exhibition - on 25 November 2008 - organized in collaboration with Stanford House.

Students were excited and interested to be able to browse a large collection of books and some avid readers spent their pocket money on books that would bring them hours of enjoyment.

Reading Week was held from 18 to 22 May 2009. The school library gratefully received book donations and a number of students purchased books from the third Scholastic book club organized this year. Twelve students from S.1 to S.4 were commended for the fine book reports they entered for the book report competition and received book coupons as prizes. Fans of Stephanie Meyer's "Twilight" - a young-adult vampire-romance novel - were thrilled to be able to watch the film show, which they enjoyed but, according to some, "the book is better!"

This just goes to show that "black and white print" does not have to be boring because through reading, words come to life and one's imagination runs wild. Scenes full of suspense, drama, horror, love, happiness, sadness and other strong emotions belong in a world of their own that cannot be captured on celluloid or in any other digital format!



Students picking their favourites



## School Special Events / Activities



P.T.A. Interest Classes



Graduation Ceremony of VTC's Applied Learning Courses

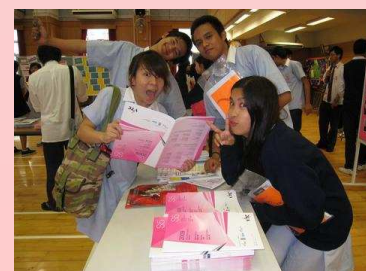
Event/Activity	Committee/Organization	Date	Participants
Raising Funds for the Poor (Oxfam)	Guidance Team	21/1/2009	38 Students
Fund-raising Campaign for schools in the remote and economically backward regions – The 16th Guangdong Province Remote Area Education Fund	Guidance Team	February 2009	All Students
Sex Education Workshop by the End Child Sexual Abuse Foundation	Health & Sex Education Committee	6/2/2009	S2 to S3 Students
Anti-drug and Anti-smoking Week	Health & Sex Education Committee Discipline Committee	9/2/2009 ~ 13/2/2009	All Students
Rope Skipping Workshops	Guidance Team	16/2/2009 ~ 9/3/2009	18 Students
P.T.A Interest Classes	Parents'-Teachers' Association	February 2009 ~ May 2009	Parents, Teachers and Students
Steps to Success Programme	Guidance Team	18/2/2009 ~ 9/5/2009	20 NCS Students
Making a Fruitful Life Programme	Guidance Team	19/2/2009 ~ 9/5/2009	16 NAC Students
"Warm Heart" care for others	Guidance Team	24/2/2009	All Students
Graduation Ceremony of VTC's Applied Learning Courses	Vocational Training Council	27/2/2009	Selected S5 Students
Culture Renaissance: Dancing to Healthy Living	Discipline Committee & Youth Outreach	March 2009 ~ March 2010	S1 to S3 Students
Canoe training	Water Sports Club	March 2009 ~ May 2009	Water Sports Club Members
Mini-Education and Careers Expo 2009	Careers Committee	18/3/2009 ~ 20/3/2009	All Students
Sailing & Wind-surfing Fun Day	Water Sports Club	22/3/2009	Water Sports Club Members
Annual Debate and Essay Writing Competition, Consulate General of the Islamic Republic of Pakistan	English Department	23/3/2009	20 Students (S2 to S4)
Operation Falcon: Flying Experience	Hong Kong Air Cadet Corps	5/4/2009	HKACC Members
Talk on Teenage Drug Abuse for teenagers	Discipline Committee	7/4/2009	S1 to S4 Students
Company Visit in Guangzhou	Careers Committee, Putonghua Department & Geography Department	8/4/2009	Selected S3 and S4 Students



Oxfam Poverty Relief Lunch



Sex Education Workshop



Mini-Education and Careers Expo 2009



## *School Special Events / Activities (Continued)*



Swine Flu Puzzle Competition



Adventure-based Training Camp

<b>Event/Activity</b>	<b>Committee/Organization</b>	<b>Date</b>	<b>Participants</b>
Basic Windsurfing Training Course	Water Sports Club	15, 17/4/2009 & 27, 28/6/2009	Water Sports Club Members
Seminar cum Exhibition on World Heritage of China	Travel and Tourism Department & EDB	20/4/2009	Selected S4 T&T Students
Fund-raising Campaign for the Victims of 5.12 Sichuan Earthquake – SCMP Homes for Hopes	Guidance Team	29/4/2009	All Students
Visit to the May Fourth Flag-raising Ceremony, Hong Kong May Fourth Youth Festival 2009	Civic and Moral Education Committee	4/5/2009	33 Students (S3 to S4)
S3 Parents' Talk on Choice of Subjects in S4	Careers Committee	15/5/2009	S3 Students and Parents
Orienteering Training Course	Hong Kong Air Cadet Corps	16/5/2009	HKACC Members
Adventure-based Training Day Camps	Guidance Team	20/5/2009-26/5/2009	S3 Students
Serving the Community-flag selling (The Asian Outreach Hong Kong Ltd)	Guidance Team	23/5/2009	50 Students
Hip-hop dance and oriental dance performance in Celebrations Dinner of Hong Kong International Dragon Boat Regatta	Discipline Committee & Dance Club	31/5/2009	Hip Hop Dance Team and School Oriental Dance Team
Summer Work Experience Scheme	Careers Committee, HK Association of Careers Masters and Guidance Masters	15/6/2009 - 7/8/2009	Selected S5 Students
Swine Flu Puzzle Competition	Health & Sex Education Committee	2/6/2009 ~ 5/6/2009	All Students
Sex Education for S1 'Dealing with Puberty'	Health & Sex Education Committee	3/6/2009 ~ 9/6/2009	S1 Students
Macau Visit	Travel and Tourism Department	30/6/2009	Selected S4 T&T Students
JPC Anti-Crime Summer Camp	Junior Police Call	20/7/2009 ~ 23/7/2009	JPC members
Meena Bazar	Pakistan Club (Jordan), Urdu Club	24/7/2009	Urdu Club members



S3 Parents' Talk on Choice of Subjects in S4

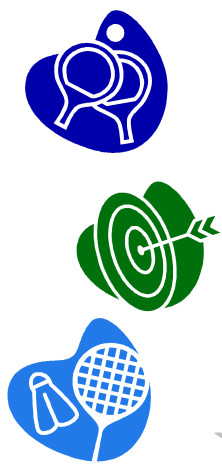


Basic Windsurfing Training Course



Oriental Dance Performance





# Education Bureau Staff Recreation Competitions

This year was a truly memorable one for our teachers as they achieved extraordinary results in various competitions organised by the Education Bureau. Our school also won the overall championship for having obtained 3 gold medals in football, table tennis and bridge. We also got a silver medal in tennis and two bronze medals in badminton and Chinese chess.

The first of our medals was for football. Mr. LI Ka Fai, Mr. CHAN Vai Sam, Mr. TONG Yat Ting, Mr. LUI Chun Shing and Mr. Rajeev NAIR formed a combined team with colleagues from Cheung Chau Government Secondary School and they were crowned champions of the EDB Staff Football Competition. This was a glorious achievement especially in light of the strong competition from the other teams that took part in this event that ran over two weeks in May.

Mr. TONG Yat Ting grabbed the gold for table tennis and bridge and he also shared a silver medal for tennis with Ms. LAM Seung Lai, Ms. LI Po Chui and Mr. Tong won bronze medals in the badminton section and to cap it off, he also got a bronze for Chinese chess. As a result of all these achievements, our school was awarded the overall championship by the Education Bureau and this is something we all can be proud of.

## 跨越語言文化疆界： 非華語學生聯校綜合匯演

本校於今年四月二十五日應邀參加了由香港大學教育學院教育研究中心主辦的「非華語學生聯校綜合匯演」活動。此活動乃「大學 — 學校支援計劃：非華語中學生的中文教與學」的一個重要環節。藉着這有意義的活動，為(包括本校在內)參加了學校支援計劃的十多所中學，提供了一個專為非華語學生而設的表演平台。通過「非華語學生聯校綜合匯演」，讓學生把平日所學的成果，包括中文聽、說、讀、寫的學習成果或技巧，以不同的表演項目展現出來，從而提高非華語學生學習中文的自信和興趣，並藉此機會促進學校社群的交流及觀摩文化。

匯演當日，來自本港十多所中學的非華語學生表現了他們多才多藝的一面，當日的表演包括集體朗誦、歌唱、話劇、說故事、民族舞，獨誦和寫書法等。本校中三級戊班學生Gurung Shri jana在是次活動中代表本校表演

了兩個節目，她首先以粵語朗誦唐代著名詩人杜牧膾炙人口的《清明》一詩，之後隨着悠揚的音樂，Shri jana以曼妙的舞姿向觀眾展示了尼泊爾民族舞熱情動人的一面，一舞既罷，台下即響起了震徹屋瓦的掌聲和喝采聲。跟着是其他友校陸續而來的演出，台上演出的精彩，台下觀眾看的投入。兩個多小時的表演節目不知不覺間已接近尾聲，只見有份參與表演的學生人人臉上流露出自信的眼神，當日的活動隨着一片熱烈的掌聲、讚嘆聲中完滿結束。





# 航天及船舶培訓活動

二零零九年四月五日至十日我們參加了第二屆香港官立中學聯校航天及船舶國防教育修學團。這一趟為期六天的修學活動，真的令我們獲益良多。

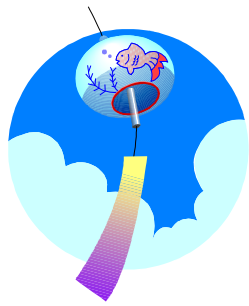
在出發前一天，我們已感到心情很緊張，因為我們要和其他官中的同學一起到北京去。當天早上，我們聯同其他官中的師生一共五十多人浩浩蕩蕩到達香港國際機場，大家都懷著既期待又緊張的心，提著笨重的行李去到櫃台登記。雖然曾經出現少許混亂的情況，但最後我們也順利登上飛機。

經過三個小時的航程，我們終於到達北京了。

為期六天的修學活動和行程十分豐富及緊湊。第一天，我們參觀了鳥巢、水立方和中國科學技術館。令我們印象最深刻的是中國科學技術館，雖然它的外表和香港科學館有少許相似，但裡面那些先進的科學儀器，令我們嘆為觀止。第二天，我們參觀了購自俄羅斯的航空母艦，那艘龐大的航空母艦，真是令我們大開眼界。當天晚上，我們更第一次嘗試到在硬臥火車上睡覺的滋味。第三天，我們到達大連海事大學，並在大學裡聽講座。然後，我們再到大連市中心觀光。市中心有一條「俄羅斯風情街」。在那條街上，有很多富有俄羅斯風格的建築物，走在其中，令人彷彿置身在俄羅斯一樣，我們差點忘記原來正身處中國的大連呢。第四天，我們到大連船舶重工有限公司參觀各種各樣宏偉的船舶，我們更到了大連海產超市、大連廣場，及大連博物館觀光，其中的「無字天書」廣場最為特別。第五天，我們重返北京，並到中國運載火箭技術研究院聽講座和參觀各類型的火箭。然後，到中華航天館及王府井觀光，最難忘的是我們在王府井大街吃了很多北京地道小吃，例如冰糖葫蘆和「爆肚」等。最後一天，我們去了北京航空航天大學附屬中學聽講座和交流。

這次的遊學團令我們獲益良多，不但讓我們認識了一群好朋友，還學習到不少航天和海事的知識，了解到中國航天的最新發展。另外，經過了這次的體驗，亦令我們學懂了獨立和自律。

張潔欣、麥麗暉 (3E)





# Parents' Night



A major event after the second term test in the school calendar 2008/09 was Parents' Night, which was a marvelous opportunity for incoming parents to talk heart to heart with teachers about their children's performances at school and to meet other parents in the same position as them.



Incoming parents



Computer DIY class



The activities on 24 April 2009 were well attended and enjoyed by all. Immediately after school, students and parents joined an interesting Computer DIY class run by Mr. Eddy FOK Chun-hung, Chairman of the Parents-Teachers' Association. This was the second of a series of computer DIY workshops in which the participants learnt how to assemble the computer hardware and how to apply some current computer software. The participants hugely enjoyed this interest class and some parents have indicated interest in taking part in the subsequent sessions coming up in future.

Following the Computer DIY class was the 7<sup>th</sup> Principal's Meeting with parents, in which parents were informed of the latest developments in school and they also chatted freely about their expectations of the school and suggested how the school and parents could work together to bring out the best in students.

Undoubtedly, however, the highlight of the day was the class teachers' meeting with parents and collection of report sheets of the second term test, in which parents and class teachers exchanged views on the optimum ways to educate the younger generation.



Parents sharing their views

Soon after some light refreshments was the 'Anti-drug Talk' conducted by a guest speaker, Doctor Thomas YUE, who enlightened the participants on the teen drug abuse problem with his expert knowledge and profound experience. We also had some guest parents from the Federation of Parent Teacher Associations in Yau Tim Mong District participating in the talk. Everybody benefited from the useful information about the symptoms of drug abusers, preventive measures to help children stay away from drugs, and the appropriate methods of handling teen drug abuse.

Overall the night was incredibly fun and fruitful to all and the school is looking forward to another opportunity to re-affirm home-school collaboration.



Dr. Yue and parents





## SEKSS Students Shine at



**A great step to success - Students learn and gain valuable life experience by participating in the “Camp for STRIDE” organized by the Extra-curricular Activities Committee.**

“STRIDE” is a training programme which signifies students will have a big step forward in life after attending it. “Camp for STRIDE”, which is a training camp, is the highlight of the whole programme. The aim of the programme is to offer an opportunity for students to pursue personal growth and equip them to meet challenges in life. Different pre-camp and post-camp workshops are provided for participants to consolidate the values and experience they obtain in the camp. During the 3-day camp, students were randomly divided into four groups with the group names “Doctor”, “Elite”, “Master” and “Professor”. In order to motivate students and encourage students’ participation, all activities are designed in the form of competition. Through different themed activities, students get to make more new friends, understand the importance of trust, considerateness and punctuality in any occasions.

### **Highlights of activities:**



Raft Building requires students’ collaboration



Wall Climbing requires teamwork

**Special thanks to: Mr. Lui Chun-shing, Ms. Renee Chan Wai-ni, Mr. Li Ka-fai, Ms. Lo Chui-ki, Ms. Chan Ying-wah and Ms. Ng Chui-ling for their contributions to this meaningful activity.**





# Hip-Hop

## to Healthy Living

“Hip-Hop to Healthy Living” was a project aimed at promoting clean and healthy living to students. Its top priority was to teach students to avoid drug-abuse through awareness of the problem. Moreover, it also trained students’ leadership, collaboration skills and confidence in dealing with difficult situations, and helped students to discover their strengths in a fun and upbeat style through hip-hop.

This beneficial activity was commissioned by the EDB and was co-organized by our School Discipline Committee and Youth Outreach, an organization that had worked closely with the school in the past to put together fun-and-fact-filled activities.

Students took part in ten lessons starting from October 2008 to February 2009. The lessons were split into two categories: hip-hop lessons and character formation. There were altogether four schools, including SEKSS(WK) that participated in the project.

Our hard but worth-the-effort work, of course didn’t end at school. A better way to gracefully seal our training was a performance with the other schools in a day camp at the Hong Kong Baptist Assembly in Fanling, arranged especially to have a blast and showcase for our training. The dances by the students, guest performers and instructors were *off the hook!* All the people in the big hall - students, teachers, friends, instructors, judges were fascinated by the performances. But our school had something more to celebrate—we were given the highest commendation with our lively performance that got everybody bouncing to the beat.

Due to the great success of the project, a bigger project entitled “Culture Renaissance : Dancing to Healthy Life” will be run from May 2009 to March 2010. Don’t miss the chance to be a part of this remarkable activity. You can enjoy yourself and expand your dancing skills and also have the opportunity to meet new friends along the way.

Deniece Francisco (4A)



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